

Class Kindness Jar

– Teachers Instructions

1. Prior to the lesson, label a jar (such as a mason jar or big jam jar) as the 'Class Kindness Jar'
2. For each act of kindness a member of the class completes or sees another student do, they can place a bean in the jar (you can supplement for another small item)
3. For each unkind act, 2 beans must be removed from the jar. Explain that when an unkind act takes place it cannot be taken back and sometimes these acts can have a really big impact on someone
4. At the end of the week the beans can transform into jelly beans for the class to share!
5. Some examples of kind things they can do include:
helping to tidy up, playing with someone different,
helping the teacher and giving someone a compliment

